



INTERACTION

Empowering People with PWS



praderwilli.com.au

INTERACTION is a not for profit, values based organisation committed to empowering people with disability and their families since 1979. Being person centred we work with people for their better life now and their better future.

INTERACTION is recognised nationally and internationally as the leading provider of accommodation, training and clinical services to people with Prader-Willi Syndrome (PWS) and their support networks. We are ably positioned to support people with PWS to live healthy lives in worthy accommodation across Australia. INTERACTION'S first PWS specific house was established in 1992 and continues to operate

What is an ordinary life?

“It is having the same goals and aspirations as your siblings, peers and others in the community”

Craig Moore, INTERACTION's CEO

successfully today. INTERACTION has increased its number of PWS specific accommodation models across NSW with plans to expand across Australia.

INTERACTION is the preferred provider of PWS training to government and non-government organisations Australia wide.





When I am asked to describe Nathan, I say he is loving, friendly, giving and hungry. Hunger is constant 24/7 for Nathan and all individuals with PWS. Constant hunger means we as parents can never let our guard down. There is constant stress and tension and trying to balance having some home normalcy for our other son who doesn't have PWS is difficult.

INTERACTION and their PWS accommodation has changed our lives for the better and it came at a time when we were in crisis on what to do next. Having accommodation that is specifically for individuals with PWS

means their specific needs can be met through the structured routines they so desperately need for a healthy lifestyle.

We now see a wonderful future for Nathan. His achievements in his short time in his new home are a testament to his beautiful nature and the skills and expertise of INTERACTION and their staff. Nathan is consistently losing weight, he is thriving in his own environment and we as a family are able to enjoy time together the way a family should.

Brett, parent.

INTERACTION's PWS Accommodation - Now And The Future

INTERACTION understands the episodic and unique needs for those with PWS to live an independent life. The living environment needs to have quality safeguards in place whilst also addressing anxieties around food access and relationships.

Designing our models of support from an international evidence base and clinical input, INTERACTION's human rights approach ensures a quality of life for individuals with PWS. By maximising their choices and



independence with guided support, INTERACTION can lead individuals with PWS to healthier futures.

INTERACTION has plans to expand its PWS accommodation models Australia wide. Two of the many future accommodation models include purpose built transitional shared living and apartment model living. INTERACTION's Empowered Living Apartments approach was launched in November 2016 in Brisbane QLD.

INTERACTION's Transitional Shared Living

INTERACTION's Transitional Shared Living model assists individuals with PWS to live together while they develop their domestic, social and life skills in a purpose built home. The objective of this model is to establish structured routines whilst gaining skills leading to more independent living.

INTERACTION's Empowered Living Apartments

INTERACTION's Empowered Living Apartments provides onsite support at all times for adults with PWS whilst reducing the anxieties of living with others and food access.

People with PWS although social, don't always live well with other people. This is where INTERACTION's Empowered Living Apartments model has the best of both worlds. Each person has their own fully equipped apartment in a complex which also has common areas including a gym, garden and lounge where they can socialise with friends and staff.

Features include:

- Fully functional apartments with own bathroom, laundry and kitchen
- On site staff areas including industrial kitchen
- Communal gym, garden and lounge
- Security systems for entry, exit and visitors
- On site therapy room
- Short term stay accommodation





Clinical Services And Medicare

Behavioural and psychological therapeutic supports may be required in order to support individuals with PWS reach their life goals. INTERACTION's team of registered and provisional psychologists take a positive approach to behaviour support and are highly skilled in the provision of support needed for people with PWS and their families.

INTERACTION's range of clinical supports includes:

- Assessment e.g. functional behaviour, capacity to consent, intelligence, mental health screening

- Intervention plans e.g. behaviour intervention and support, incident prevention & response, skill development, psycho-education, environmental (e.g. routines, reward systems)
- Clinical consultation - individual e.g. crisis and transition support, liaison with key stakeholders including medical and allied health teams
- Clinical consultation - systemic e.g. house practices, integrating person specific PWS support needs, barriers to plan implementation
- Therapy, individual and group e.g. emotion regulation, problem solving
- Early Intervention e.g. transition to school, parenting and behaviour, sibling support
- Restricted Practices Processes e.g. locking kitchen areas, access to money

Through the Medicare Better Access to Mental Health initiative, INTERACTION's psychologists can provide up to 10 Medicare sessions a year to assist with issues like anxiety and depression, as well as other mental health issues, for family members, carers and/or the individual with PWS.

Training And Resources

INTERACTION is dedicated to providing current and relevant training and resources for individuals with PWS, their families and support networks. INTERACTION'S team of registered/provisional psychologists and clinicians can deliver customised training sessions and clinical consultations for individuals, families and groups funded through individualised NDIS plans or a fee for service structure.

Resources such as the PWS Social Script Resource Bank are available at www.praderwilli.com.au



FEEDBACK AND SUGGESTIONS

INTERACTION welcomes all types of feedback. Any suggestion on how INTERACTION can enhance your experience and positively improve the quality of our services is welcome.

INTERACTION is guided by the Disability Services Standards in all of its decision making and approaches.

CHILD SAFE ORGANISATION

INTERACTION is a Child Safe Organisation. All employees are required to undergo probity checks including National Criminal History Record Check and Working with Children Checks, and are required to maintain these clearances throughout employment with INTERACTION.

DONATIONS AND SPONSORS

A donation of money, items or services can make a world of difference to INTERACTION and the people we support. INTERACTION ensures all

donation and sponsorship support is recognised.

All contributions will help INTERACTION improve the quality of life and empowerment of children and adults with disability.

All donations are tax deductible as INTERACTION is authorised under the Charitable Fundraising Act 1991 to fundraise for charitable purposes.

BEQUESTS

A large or small gift in your Will can positively impact the lives of the people we support. A gift can be in the form of money, property or something more personal.

Your bequest to INTERACTION can ensure a better life now and into the future for adults and children with disability.

For more information about leaving a legacy to INTERACTION please contact INTERACTION's CEO.

INTERACTION offers a variety of services and support programs for children and adults with disability.



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