



## BEHAVIOUR & ALLIED HEALTH SERVICES

### CAREER FOCUS



**INTERACTION**  
*Empowering People*

Allied health professional is a general term that covers most health professionals who are not doctors, dentists or nurses. For example:

- Psychologist
- Occupational Therapist
- Speech Therapist
- Physiotherapist
- Nutritionist/Dietician

Interaction's Behaviour & Allied Health Services Department is made up of a team of dedicated professionals (Behaviour Support Practitioners, Psychologists and Provisional Psychologists), who strive to ensure they provide the highest quality of services, to meet the needs and demand of people in the community.

Interaction is a registered (NDIS service provider to people who have a disability, and their family network. Our Behaviour & Allied Health Services Department (BAHS) can provide services to anyone in the community who require it, including:

- Assessment
- Behaviour Support
- Therapy
- Group Therapy
- Training
- Consultancy

Professions under the allied health umbrella are in increasing demand, particularly due to the new NDIS environment, and an ageing population. Far from dull, the role of an allied health professional is exciting and diverse, and depends on the individual healthcare setting and provider.

Whilst there are varied levels of education and qualifications required to become an allied health care professional, equally important are personality traits that Interaction's HR team looks for when recruiting,

Compassion – goes a long way toward helping to connect with people.

Honesty & confidentiality – handling every delicate aspect of the role with the highest integrity

Professional and motivated – strives to build a participant's self-esteem and confidence

Flexible and adaptable – each day can have new challenges and difficulties

Interaction Services has a zero tolerance of the violence, abuse and neglect of people with disability. Interaction – a values based organisation and provider of NDIS services to individuals predominantly with intellectual disability and their families – supports the calls for a Royal Commission into the violence, abuse and neglect of people with disability..



## MEET KIM - BEHAVIOURAL SUPPORT PRACTITIONER / PSYCHOLOGIST



### **'How long have you been at Interaction?'**

I started at Interaction as a provisional psychologist in August 2015, and I completed my internship and became a Registered Psychologist in April 2017.

### **What was it that made you decide Interaction was the right organisation for you to be part of?**

The BAHS team and Interaction as a whole were welcoming and obviously passionate about supporting people with disability and their support network, right from the interview. When I started as a provisional psychologist, it provided me with a supportive environment to develop my skills, and it has continued to provide opportunities for professional growth and development.

### **What do you enjoy most about your role – most rewarding part of the job?**

The thing I enjoy most about my job is working closely with individuals and their support network to implement strategies to improve their wellbeing and engagement in activities of their housing. Being part of someone's journey as they use their new skills and achieve positive change is rewarding.

### **Every role comes with its challenges, what do you consider to be the most challenging part of what you do?**

Previously, the most challenging part of the role was adapting my mindset to fit in the NDIS model as opposed to the previous block-funding model of support. Now that we are deep into NDIS-world, a challenge can be working with people who have received inadequate funding and determining the best path for supporting them with limited resources.

### **Realising no two days are the same in most cases, are you able to provide a general overview of the type of things you would do in a day?**

My days tend to vary from behaviour support dedicated days and therapy dedicated days. On behaviour support days, I might visit someone in their own environment for an assessment, and consult with their stakeholders. This can also include assessment report writing and file reviews. On therapy days, I provide individual therapy in the office, covering a range of challenges and techniques. These days can also include liaison with stakeholders, resource development and record keeping.

### **Why would you encourage others to apply for a role within Interaction's Behaviour & Allied Health Services Department?**

I enjoy being a part of the BAHS team, and the broader Interaction team; we have a fantastic team here at Interaction who are genuinely passionate about supporting people to achieve their individual goals and aspirations.

### **Is there anything else you would like to add about the role?**

It keeps you on your toes! The range of presentations in people we support means that the role is challenging and is always promoting professional growth.

### **What do you like to do in your spare time outside of Interaction?**

I regularly attend dance and Pilates classes – the mix of strength-based, stretching, and fun helps me to unwind and relax. I also spend time reading, and socialising with friends, especially over food.

We currently have a position vacant in our Behaviour & Allied Health Services Department for a Behaviour Support Practitioner/Psychologist, [Click here](#) to view the position.